

MASTER IN VOCATIONAL EDUCATION APPLIED RESEARCH 4.0

SELF-REFLECTION TASK RUBRIC

The rubric, which is intended to provide a general framework for each unit within a theme, is designed on a pass/fail basis, with specific criteria to assess the quality of the reflection.

	Criteria	Pass	Fail
1	Depth of Reflection	Demonstrates deep and thoughtful reflection on personal experiences and learning.	Superficial or minimal reflection; lacks depth and insight.
2	Connection to Theory	Integrates relevant educational theories and concepts into the reflection.	Fails to connect personal experiences to educational theories or lacks theoretical grounding.
3	Critical Analysis	Offers a critical analysis of experiences, identifying strengths and areas of improvement.	Lacks critical analysis; merely recounts events and does not portray in-depth analysis.
4	Clarity of Expression	Communicates ideas clearly and effectively; uses proper grammar and language conventions.	Writing is unclear, disorganized, or contains numerous grammatical errors.
5	Application of Learning	Demonstrates how insights from the reflection can be applied to teaching/industrial practice or future professional development.	Fails to identify practical applications or connections to future learning and growth.
6	Self-Awareness	Exhibits a high level of self- awareness, acknowledging personal biases, challenges, and growth areas.	Shows a lack of self-awareness; fails to recognise personal biases or areas for improvement.
7	Evidence of Learning	Includes specific examples within a VET context and evidence to support reflection; integrates readings or coursework where applicable.	Lacks concrete examples or fails to tie reflections to relevant coursework or experiences.
8	Overall Presentation	The self-reflective task is well- organized, with a logical flow of ideas and appropriate use of headings where required.	Poorly organized; lacks a logical structure or appropriate formatting.